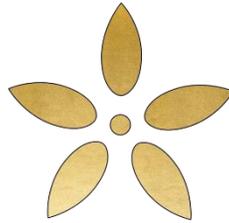


# UNLEASH YOUR SOVEREIGN POWER



This **9-month Transformative Group Journey** is designed to help you reclaim your body as holy, your voice as your power, and your sexuality as sacred. These are three aspects of power denied women at the same time the soul of woman was no longer recognized. Through a spiral process of remembering, reclaiming, and revealing, you will begin to embody your sovereignty.

To be Sovereign is to be your own authority. It is the freedom to fully be and express who you are. Your choice becomes your *own*, not the one expected or demanded of you. You fully possess yourself.

The program is divided into three 3-month segments that build on top of each other. The purpose of each segment, as well as a weekly curriculum, is outlined below.

## BECOME QUEEN OF YOUR OWN DOMAIN:

*The Queen of her own Domain is unapologetic about who she is. Fully united with every aspect of herself, she embraces her needs, feelings & desires with fierce, compassionate love. She is her own authority for she owns her own soul.*

Week 1: 30-min. 1:1 Private Coaching Session & Reconnection Ritual (Self-Guided)

Week 2: Your Body is a Portal

Week 3: Remove the Cloak of Shame

Week 4: Reconnect with your Roots

Week 5: Uncover your Body Story & Self-Forgiveness Ritual (Self-Guided)

Week 6: Open the Lines of Communication

Week 7: Meet the Dark Goddess

Week 8: Make Offerings of Nourishment

Week 9: Devotional Ritual (Self-Guided)

Week 10: Enliven your Senses

Week 11: Dare to Trust Yourself

Week 12: Self-Ownership & Crowning Ritual

## BE THE CREATRIX:

*The Creatrix makes herself fully visible through the power of the spoken word. Anchored fully in her right to be here & the divinity of her own soul, she has no fear of taking up space or being seen. Her compassionate boundaries honor both self & other.*

- Week 1: Self-Commitment Ritual (Self-Guided)
- Week 2: Break the Silence
- Week 3: Connect to your Soul's Voice
- Week 4: Create Internal Safety
- Week 5: Uncover your Voice Story & Self-Forgiveness Ritual (Self-Guided)
- Week 6: Anger is your Ally
- Week 7: Stop the Cycle of Blame
- Week 8: Anchor into your Worth
- Week 9: Break the Chains Ritual (Self-Guided)
- Week 10: Own your Boundaries
- Week 11: Speak from your Heart
- Week 12: Reveal your Voice & Creatrix Ritual

## EMBODY THE HOLY WHORE:

*The Holy Whore fully embraces her own desires without guilt or shame while existing fully unto herself, for she belongs to no one else. Her creative life force energy moves effortlessly through her body as she revels in the pleasure & deliciousness of life.*

- Week 1: Desire for Reunion Ritual (Self-Guided)
- Week 2: The Old Sexual Story
- Week 3: Your Body is your Own
- Week 4: Release the Chains of Obligation
- Week 5: Uncover your Sexual Story & Self-Forgiveness Ritual (Self-Guided)
- Week 6: Embrace the Rage of Invisibility
- Week 7: Connect with Life Force Energy
- Week 8: Proclaim your Desires

Week 9: Proclamation Ritual (Self-Guided)

Week 10: The Real Meaning of Virgin: Exist unto Self

Week 11: Reunite with your Holiness

Week 12: Experience the Bliss of Holy Communion & Ritual

Week 13: 30-min 1:1 Private Session & Group Closure (BONUS)

## OVER THE COURSE OF 9 MONTHS, YOU WILL RECEIVE:

- \* 27 Weekly Live Wisdom Transmissions & Teachings via Zoom, which includes time for group coaching.
- \* 9 Self-Guided Rituals
- \* Weekly Pleasure Practices, Love Assignments & Journal Prompts
- \* As a Bonus, you'll receive two 30-minute Private Sessions: one prior to the program's commencement and one toward its completion. You can choose to add on additional private sessions if you desire more individual support throughout your journey into Sovereignty.
- \* Group Support in the Facebook Group Embody your Sovereignty



## I ASK THAT YOU DEVOTE TO YOUR SELF:

You will get out of this program what you put into it. Your active participation is required. Plan to set aside at least 2-3 hours a week for yourself. There are 168 hours in a week. You deserve this time to focus on you – your soul, your desires, your own experience. The more deeply connected you are to you, the more fluid and easeful the rest of life becomes. *Trust me.* I have experienced this dramatic shift for myself.

The live sessions will be recorded and provided to you within 24 hours of the call time. It is highly encouraged that you attend live if possible, though I understand some people prefer to watch the recording so they can take breaks to reflect or journal. When you attend live, keep your camera turned on so you can be fully present with the group and receive the greatest benefit from the teachings. Take care of yourself. Have water or tea prepared. Feel free to snack or eat when hungry. Turn off your phone and avoid any outside distractions.

We will have time for group coaching during each live call. Depending on the number of questions asked, the call will generally last between 75 – 90 minutes. In addition to teachings and transmissions, the sessions may also involve experiential, embodied practices.

Each week, you will also receive what I call a Pleasure Practice or Love Assignment you can easily fit into your day. It could be a daily mantra or movement or meditation practice. There will also be 1-3 reflective questions to take the work deeper. It is up to you how much time you spend on this.

After three weeks of live sessions, the fourth week will be a self-guided ritual. You will receive detailed PDF instructions. It is recommended you perform the ritual in a sacred space, either outdoors in the woods, near water, or by your altar.

A lot may come up during this program that has been buried deep in your subconscious. This is to be expected. Love is the healing balm. Acknowledge what arises. Give it space to deliver its teachings. Share it with the group for extra support. Know that nothing you have experienced makes you unworthy or bad. *Nothing.*

If you desire extra 1:1 support in addition to the two 30-minute private sessions already provided, you will receive a special discounted rate as a group program participant:

9 private sessions (one per month): \$ 133 / month or \$1,200 paid in full

18 private sessions (biweekly): \$ 266 / month or \$2,400 paid in full

Please note mental stability is required to do this deep, subconscious work. If you have any diagnoses that might impair your ability to consciously move through your shadow and not get lost in it, please let me know before signing below so we can discuss it more thoroughly. This is not intended to be therapy. I am not a licensed therapist or counselor, nor is that my intention when holding space for this group. Rather, I offer energetic support and wisdom transmissions to help you align to your soul's deepest truths. Everything is voluntary.

The Group Program requires an investment of \$ 3,700. You will receive even more in return, as the benefits will last a lifetime and spread across generations. When you do this work, you heal more than yourself.

Three different payment options are available:

\$ 322 / month over 12 monthly payments

\$ 422 / month over 9 monthly payments

\$ 3,700 paid in full

By signing below, you agree to pay the full amount – whether a one-time or monthly payment – in exchange for the services provided. If you incur financial hardship, you agree to let me know immediately to work out a plan together. Automatic withdrawal is available. Otherwise, a late payment fee of 5% will be charged after the fifth day of the month.

This agreement is governed by the laws of North Carolina where I reside. My purpose in offering this program is for your highest and greatest benefit. I want you to center fully into your power and experience

the liberation of sovereignty. Sovereignty is a lifelong journey, so this is just the beginning of a vast expansive vista that lies before you. There is no “end result.” Rather, it is a daily experience of connecting with your soul. As you know yourself, you choose for you. You become your own authority.

That being said, there are no refunds given, nor can this contract be terminated once you begin the program. By signing below, you commit to you. I will uphold the commitment you have made to yourself by encouraging you to explore any resistance to doing so. I will not give up on you, and I hope you don't either. You deserve nothing less than full-bodied connection with your own divine essence. My role is to hold this vision for you.

During the group program, confidential and sensitive information may be shared by all the participants. By signing below, you agree to:

- (1) Keep the names and identifying information of each participant confidential. In order for this to be a safe space, we need to know our vulnerable shares will not be disclosed to others without our express, written permission.
- (2) Not give advice to others without asking for permission to do so. This is not about changing or fixing anyone. You do not need to be fixed. Rather, we hold space for each other – by seeing, hearing, and honoring each person. Each participant's soul knows exactly what they need and when once given space to communicate and be heard.
- (3) Though not always easy on Zoom, avoid interruptions as much as possible. If there are time constraints, I will interrupt for the purpose of keeping us on track. Each person deserves to be heard.
- (4) Not reproduce any of the information, teachings, practices, or transmissions given for anything other than purely personal use. This is my proprietary information not to be disclosed to any outside parties without express, written permission.

Simply by signing below and agreeing to be part of this transformative group program – and abide by the guidelines stated above - you will be lifted and expanded. Your soul will rejoice in the commitment you are making to you. I am overjoyed and honored to be able to guide you as you Unleash your Sovereign Power.

May it be so.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone No.: \_\_\_\_\_

Email: \_\_\_\_\_

Signed this \_\_\_\_ day of \_\_\_\_\_, 20\_\_ by \_\_\_\_\_.

\_\_\_\_\_

**Welcome to the Path to Sovereignty.**

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